



## **Activities at Home**

**Dear Parents,**

**The activity for week 3 on 21/1/09 is Wheat to Flour**

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**The activity we will be covering involves:**

- Introducing the concept of transformation from flour to bread
  - Explore and learn about grains and flours
  - Develop an idea about the science behind the transformation
  - Promoting a sensory experience using different types of bread
  - To learn new vocabulary and communicate their ideas and thoughts
  - Developing fine motor skills
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**Our activity includes:**

We will look at different types of bread and children will be invited to try them out. We will read and look at the pictures of the story of the little hen and discuss the story of how the flour is made into bread.

We will also look at the different ingredients the baker needs to make bread.

Finally children will be invited to make their own bread following a simple recipe.

The children can take the bread home.

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**You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.**

**Our suggested activities are:**

- Exploring together and experimenting at home by cooking using flour
- Baking cakes and cupcakes with the children
- View these website to look through different bread recipes

[www.kidsactivitiesblog.com/46496/making-bread-with-kids](http://www.kidsactivitiesblog.com/46496/making-bread-with-kids)