

## Activities at Home



Dear Parents,

The activity for week 4 beginning 28<sup>th</sup> January is:

### From seeds to sunflowers

---

**The activity we will be covering involves:**

- talking about sunflowers and main characteristics
  - listen to and join in with story ('Daisy's Giant Sunflowers' by Emma Damon)
  - making sunflowers
- 

**Our activity includes:**

- learning interesting facts about sunflowers
- reading the story 'Daisy's Giant Sunflower' by Emma Damon and recalling the story using sequencing cards
- talking about life cycle of the plant – from seed to flower
- talking about parts of the sunflowers
- looking at and talking about the 'Sunflowers' by Vincent van Gogh
- using ICT for research and watching a short video clip of the sunflower fields
- Then the children will learn a new song – 'I'm a little sunflower':

I'm a little sunflower look and see  
Here is my stem and here are my leaves.  
When the sun comes up, I turn my head.  
When the sun goes down I go to bed.

- participate in an art activity – the children will make sunflowers using sunflower seeds

- taking part in a planting activity – watching sunflowers growing over the term

---

**You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.**

**Our suggested activities are:**

- visit the National Gallery and have a look at ‘Sunflowers’ by Vincent van Gogh
- have some sunflower seeds for snack
- make play dough with sunflower oil
- draw different length sunflowers, cut them out and ask your child to grade them
- visit your local park or garden centre and look at the different plants and trees