



Activities at Home

Project: ‘Terrific Transformation’

Dear Parents,

The activity for week: 6

is: ‘Changing Seasons’

The activity we will be covering involves:

- Learning about the seasons of the year.
- Developing self-confidence.
- Developing communication skills.

Our activity includes:

- Invite the children to explore the seasons and follow the wonderful changes that each season brings. Read the story “A stroll through the Seasons”, making pauses to enable the children to discuss their own experiences and share their thoughts and ideas.
- Watch a YouTube video of a season, talk about it and ask the children open-ended questions.
- We will look at different photos of the children in Forest school and at school in different seasons of the year. We will ask the children to observe and comment on what kind of clothing they are wearing, what the weather looks like and which season they think it is in the picture.
- Invite the children to experiment different temperatures by touching and feeling cold and hot (warm) objects and relate it with the temperature in each season.
- Play a ‘sorting out’ of different seasonal clothing and objects.
- Create a seasonal tree picture.

You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.

Our suggested activities are:

- Discuss the 4 seasons of the year with your child and talk about things you like to do together or did together in different seasons, show your child photos of him/her if possible and encourage your child to describe the weather, the type of clothing, etc.